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BANKMED PRIME SUMMARY OF BENEFITS Effective 01 JANUARY 2023						
	OVERALL ANNUAL BENEFIT (OVERALL ANNUAL LIMIT)		N\$1 040 000 per Beneficiary N\$1 560 000 per Family			
	TEGORY A: SPITALISATION BENEFIT	% NAMAF TARIFF				
	Additional Hospital Benefit Cover: GP's and Specialists In-hospit	al servi	ces are paid up to a MAXIMUM of 200% of NAMAF Tariff			
1.	Hospitalisation (Subject to Pre-authorisation)		Overall Annual Limit			
	1.1 Accommodation & Theatre	100%	% Sub-limit 1			
	1.2 Accommodation other than a recognised hospital/medical institution (Subject to prior approval & Accommodation Expenses Re- imbursement Policy)	100% of cost	Limited to N\$600 per day per Family (Applicable to RSA only) (Maximum of 2 days) Sub-limit 1			
	1.3 Blood Transfusions	100%				
	1.4 Intensive and High Care - Maximum of 3 days then motivation	100%				
	1.5 Medicine, fixed tariff procedures, hospital apparatus and To Take Out Medicine (7 days supply only)	100%	Sub-limit 1			
	1.6 Radiology & Pathology (in hospital) - Additional Hospital benefit Cover excluded	100%				
	1.7 Physiotherapy - Additional Hospital Benefit Cover excluded					
	1.7.1 Physiotherapy (in hospital)	100%	Sub-limit 1.7			
	1.7.2 Physiotherapy (post rehabilitation) - Additional benefit once the patient is out of hospital (Subject to prior approval)	100%	Limited to N\$6 000 per family (Benefit available within 3 months from hospital discharge) Sub-limit 1.7			
2.	Specialised Radiology Procedures (in & out of hospital) - Additional Hospital Benefit Cover excluded - Referral from a medical specialist only (referral from GP acceptable in places where there is no medical specialist) (Subject to prior approval)		Overall Annual Limit			
	2.1 MRI & CT Scans	100%	Limited to N\$23 900 per Family Sub-limit 2			
	2.2 Nuclear Medicine	100%	Sub-limit 2			
3.	General Practitioners and Specialists (in- hospital services, procedures & operations) - Additional Hospital Benefit Cover included	100%	Overall Annual Limit			
4.	Internal Appliances & Materials (Subject to pre-authorisation)		Subject to Bankmed Namibia Internal Prosthesis Protocol Overall Annual Limit			
	4.1 Artificial Eyes	100% of cost	Limited to NSo 250 per Beneliciary every 4 years (2020/2023) Sub-limit 4			
	4.2 Artificial Limb	100% of cost	Limited to N\$16 500 per beneficially every 4 years (2020/2025)			
	4.3 Other Internal Appliances & Materials	100% of cost	Sub-limit 4			
5.	Dialysis (Subject to Case Management and MHC Guidelines))	100%	Overall Annual Limit			
6.	Oncology (Subject to Case Management and MHC Guidelines)	100%	Limited to N\$600 000 per Beneficiary Overall Annual Limit			
	6.1 Consultations and Procedures Out-of-Hospital	100%				
	6.2 MRI/CT Scans & Other Specialised Radiology Procedures In & Out- of-Hospital - Additional Hospital Benefit Cover excluded - Referral from medical specialist only	100%	- Sub-limit ó			
	6.3 Radiation Oncology (Referral from medical specialist only)	100%				
	6.4 Oncology Medication (Chemotherapy, Radiotherapy and Hormone Therapy)	100%				
	6.5 Hospitalisation and Related Procedures In-Hospital	100%	Overall Annual Limit			
7.	Organ Transplant - Including immunosuppresant drugs (Subject to Case Management and MHC Guidelines)	100%	Overall Annual Limit			
8.	Private Nursing / Frail Care / Hospice (Subject to pre-authorisation)	100%	Limited to N\$23 800 per Family Overall Annual Limit			
9.	Frail Care / Hospice (Subject to pre-authorisation)	100%	Sub-limit 8			
10. Psychiatric Treatment – hospitalisation (Subject to pre-authorisation) 100% - Referral from Psychiatrist only (Referral by GP acceptable in places where there is no Psychiatrist) 100%			Limited to N\$20 800 per Family Overall Annual Limit			

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11.	 Alcoholism / Drug Addiction (Subject to prior approval and MHC Guidelines) 		Sub-limit 10		
12.	Refractive Surgery (all-inclusive) (Subject to pre-authorisation & MHC Guidelines)	100%	Limited to N\$23 000 per Beneficiary (once-off benefit) Overall Annual Limit		
13.	Phakic Implants (lens Implant) (all-inclusive) (Subject to pre-authorisation)	100%	Sub-limit 12		
14.	Reconstructive Surgery (Medical necessity only) (Subject to pre-authorisation and strict MHC Guidelines)	100%	Overall Annual Limit		
	14.1 Consultation and Procedure	100%	Limited to N\$7 000 per Family Sub-limit 14		
	14.2 Hospitalisation	100%	Limited to N\$7 500 per Family Sub-limit 14		
15.	Dental Surgery - Additional Hospital Benefit Cover Excluded (Subject to pre-authorisation)		Overall Annual Limit		
	15.1 Dental Implants - Hospitalisation	100%	Limited to N\$9 000 per Beneficiary Limited to N\$15 750 per Family Sub-limit 15		
	15.2 Maxillo Facial & Oral Surgery (Non-Elective) All-inclusive (Including dental extractions for children less than 10 years old and wisdom teeth extractions)	100%	Limited to N\$90 750 per Family Sub-limit 15		
	15.3 Maxillo-Facial & Oral Surgery (Elective) Hospitalisation	100%	Limited to N\$13 000 per Family Sub-limit 15		
16.	Maternity		Overall Annual Limit		
	16.1 Confinement (all-inclusive) (Limited to 1 confinement per year for dep. other than the spouse) (Subject to pre-authorisation)	100%	Sub-limit 16		
	16.2 Ante-natal Consultation - Additional Hospital Benefit Cover excluded	100%	Limited to 12 consultations per Beneficiary (Pro-rated from date of joining) Sub-limit 16		
	16.3 Ante-natal / Post-natal Classes & Education Additional Hospital Benefit Cover excluded	100%	Limited to 6 sessions per Beneficiary per pregnancy (Pro-rated from date of joining) Sub-limit 16		
	16.4 Sonar Scans - Additional Hospital Benefit Cover excluded	100%	Limited to 3 scans per Beneficiary per pregnancy Sub-limit 16		
	16.5 Tests for chromosomal and foetal abonormalities - Additional Hospital Benefit Cover excluded	100%			
	16.6 Midwifery Service - Additional Hospital Benefit Cover excluded	100%	Sub-limit 16		
17.	Insertion of Intrauterine Device w/ hormone (All-inclusive) (Subject to Prior approval)	100%	Limited to N\$6 250 per Beneficiary (Pro-rated from date of joining) Overall Annual Limit		
18.	Stomaltherapy (All-inclusive) (Subject to Prior approval)	100%	Limited to N\$22 800 per Family Overall Annual Limit		
19.	Ambulance & Evacuation Services (Subject to prior approval)		Overall Annual Limit		
	19.1 Emergency Ambulance & Flights (Subject to prior approval)	100%	Unlimited Benefit		
	19.2 Ambulance/Inter-hospital transfer (Subject to prior approval)	100%	Sub-limit 19		
	19.2.1 Metropolitan (In-Town)	100%	Limited to N\$3 550 per Beneficiary Sub-limit 19.2		
	19.2.2 Long Distance (>100km)	100%	Sub-limit 19.2		
	19.3 Other Transport Transport benefit for medical services available only in RSA (Subject to prior approval and Travel Expenses Re-imbursement Protocol)	60% of cost	Limited to N\$9 800 per Family Sub-limit 19		
20.	International Medical Travel Insurance - Medical cover when travelling to foreign countries - For emergency cases only (not for elective surgery or procedure)	100% of cost	N\$10 000 000 per incident		

CATEGORY B:		COVER % NAMAF TARIFF	Sub-limits are pro-rated from date of joining, except Optical Benefit. OVERALL ANNUAL LIMIT
21.	21. General Practitioners & Specialists		Limited to N\$8 500 per Beneficiary Limited to N\$16 500 per Family
	21.1 Consultations/Visits (out-of-hospital, including casualties)	asualties) 100%	
	21.2 Procedures/Services (out-of-hospital)21.3 Materials and Disposable Items		
			Sub-limit 21
	21.4 Radiology & Pathology (including Radiography, Sonography, Medical Laboratory Technology and Chemical Biochemistry) (Referral from Medical Practitioner)	100%	

22.	Dentistry		Limited to N\$8 750 per Beneficiary (excluding Orthodontics benefit Limited to N\$11 000 per Family (excluding Orthodontics benefit)	
	22.1 Basic Dentistry (Including Dental Therapy)	100%	Sub-limit 22	
	22.2 Specialised / Advanced Dentistry	100%		
	22.3 Dental Implants			
	22.3.1 Consultation & Procedure (in-hospital)	100%	Limited to N\$11 500 per Family	
	22.3.2 Consultation & Procedure (in-Practice)	150%	Limited to N\$15 000 per Family	
	22.3.3 Implant Component	100%	Limited to N\$5 250 per Beneficiary Limited to N\$11 500 per Family Limited to N\$2 500 per dental implant component	
	22.4 Maxillo-Facial and Oral Surgery (Elective) In-Hospital and In- Practice	100%	Sub-limit 22	
	22.5 Orthodontics	100%	Limited to N\$11 000 per Beneficiary (once-off benefit)	
23.	Medicine & Injections 23.1 Acute Medicine Paid at Maximum Namibia Medicine Price List on generics		Limited to N\$16 350 per Beneficiary Limited to N\$30 900 per Family	
		80%	Limited to N\$5 950 per Beneficiary Limited to N\$12 700 per Family Sub-limit 23	
	23.2 Chronic Medicine Paid at Maximum Namibia Medicine Price List on generics	80%	Limited to N\$9 100 per Beneficiary Limited to N\$16 150 per Family	
	23.3 Chronic Medicine (Pensioners) Paid at Maximum Namibia Medicine Price List on generics	95%	Sub-limit 23	
	23.4 Essential Vaccination/ Immunization (As per WHO Guidelines) Paid at Maximum Namibia Medicine Price List on generics	100%	Sub-limit 23	
	23.5 Vitamins, Multivitamins, Minerals, homeopathic/natural/herbal medicine (Excluding supplementation during pregnancy and lactation, injections and haematinics. If prescribed, will be paid on the Acute Medicine benefit limit)	80%	Limited to N\$300 per Beneficiary Limited to N\$550 per Family Limited to N\$150 per script per beneficiary Sub-limit 23.1	
	23.6 Self Medication Paid at Maximum Namibia Medicine Price List on generics	90%	Limited to N\$1 300 per Beneficiary Limited to N\$2 025 per Family Limited to N\$187 per script per beneficiary per day Sub-limit 23	
24.	Specified Illness Conditions (Subject to pre-authorisation)		Limited to N\$34 550 per Beneficiary	
	24.1 HIV/AIDS (As per National Guidelines for Antiretroviral Therapy) 24.1.1 Medicine Paid at Maximum Namibia Medicine Price List on generics	100%	Sub-limit 24	
	24.1.2 First Full HIV Consultation / Assessment	N\$480	Once off benefit Sub-limit 24	
	24.1.3 Consultation (after the first full HIV consultation / assessment)	N\$425	Limited to 6 consultations per Beneficiary Sub-limit 24	
	24.1.4 HIV Counseling	100%	Limited to N\$1 350 per Beneficiary Sub-limit 24	
	24.1.5 Pathology Tests (Subject to prior approval)	100%	Limited to N\$7 800 per Beneficiary Sub-limit 24	
	24.1.6. HIV Resistance Test (Subject pre-authorisation)	100%	Sub-limit 24	
	24.2 Prevention of Mother-to-Child Transmission (PMTCT)	100%		
	24.3 Post-Exposure Prophylaxis (PEP)	100%	Sub-limit 24 As per National Guidelines	
	24.4 Pre-Exposure Prophylaxis (PrEP)	100%		
25.	Primary Health Care Services		Limited to N\$1 200 per Beneficiary Limited to N\$2 000 per Family	
1	25.1 Consultations & Procedures	100%	Sub-limit 25	

26.	Continued			
	26.6 Clinical Psychology / Psychological Counsellor	100%	Limited to N\$3 750 per beneficiary Sub-limit 26	
	26.7 Clinical Technology	100%		
	26.8 Dietician	100%	Sub-limit 26	
	26.9 Hearing Aid Acoustician	100%		
	26.10 Homeopathy/Naturopathy/ Phytotherapy 26.10.1 Consultation & Procedure 26.10.2 Medicine	100% 80%	Sub-limit 26 Sub-limit 23.1 Sub-limit 26	
	26.11 Occupational Therapy	100%		
	26.12 Orthotist/Prosthetist	100%		
	26.13 Physiotherapy	100%	Limited to N\$3 750 per beneficiary Sub-limit 26	
	26.14 Podiatry/Chiropody	100%	Sub-limit 26	
	26.15 Social Worker (Motivation required)	100%	Limited to N\$3 750 per beneficiary Sub-limit 26	
27.	Wheelchair (Subject to prior approval) - Inclusive of repair & maintenance	100% of cost	Limited to N\$8 500 per Beneficiary every 4 years (2023/2026)	
28.	Appliances (External) (Subject to MHC guidelines)	80%	Limited to N\$3 750 per family	
29.	Hearing Aids Apparatus (Subject to prior approval) - Inclusive of repair & maintenance	100% of cost	Limited to N\$20 000 per Family every 3 years (2023/2025)	
30.	Medical Devices for Diabetes Management (Subject to prior approval and MHC Guidelines)			
	30.1 Insulin Pumps	80% of cost	Limited to N\$35 000 per Beneficiary every 4 years (2020/2023)	
	30.2 Continuous Glucose Monitoring System / Glucose Reader)	80% of cost	Limited to N\$17 500 per Beneficiary	
	30.3 Diabetes Related Consumables	80% of cost	Limited to N\$33 500 Beneficiary	
31.	Optical		N\$2 650 per Beneficiary limited to every 2 years (excluding frames) (2023/2024) N\$5 300 per Family (excluding frames)	
	31.1 Eye Test	100%	Limited to one eye test per Beneficiary per annum Sub-limit 31	
	31.2 Bi-focal / Multi-focal Lenses	100%	Limited to N\$700 per Beneficiary every 2 years (2023/2024) (In addition to Sub-Limit 31)	
	31.3 Contact lenses/Spectacle lenses	100%	Sub-limit 31	
	31.4 Frame	100% of cost	Limited to N\$1 200 per Beneficiary every 4 years (2021/2024)	

CONTRIBUTION TABLE						
Income Band		Family Structure				
From	То	Member	Adult	Child		
0	3 100	1,583	1,362	296		
3 101	3 990	1,693	1,456	317		
3 991	5 160	1,812	1,549	334		
5 161	6 070	2,219	1,892	408		
6 071	8 150	2,394	2,058	441		
8 151	10 220	2,558	2,196	477		
10 221	15 200	2,695	2,307	502		
15 201	20 310	2,820	2,422	532		
20 311	25 460	2,954	2,532	552		
25 461	30 600	3,075	2,635	578		
30 601	40 600	3,105	2,666	581		
40 601	50 510	3,137	2,691	589		
50 511+		3,176	2,712	600		